



Spring 2016

Senior Happenings

Gloucester County Division of Senior Services, 115 Budd Boulevard, West Deptford, NJ 08096



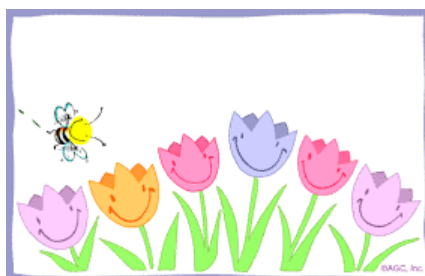
Department of Health and
Human Services

Division of Senior Services
Aging & Disability
Resource Connection

115 Budd Boulevard
West Deptford, NJ 08096

(856) 384-6900
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Freeholder Director
Robert M. Damming
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Jim Jefferson



Each year the Gloucester County Board of Chosen Freeholders join in the national tradition of proclaiming May as Older Americans Month.

The U.S. Department of Health and Human Services designates a theme for Older Americans Month every year; the theme for 2016 is **Blaze a Trail**. May is a month of fresh beginnings. Perennials bloom once again, blazing a trail of bright color. May is also when we celebrate Older American's Month, acknowledging the perennial contributions of older adults to our nation.



When Older Americans Month was first established in 1963, only 17 million living Americans had reached their 65th birthday. About a third of older Americans lived in poverty and there were few programs to meet their needs. Thankfully, much has changed since that time.

The Gloucester County Freeholders provide services and support systems within the community to help maintain the dignity, independence, and self-determination of older residents as they age. Programs and activities are offered to assist seniors to remain active and engaged in community life. In recognition of "Older Americans Month" a number of events are scheduled in May. Highlighted during the month are the following activities:

- **Senior Services Public Hearing – May 4th**
- **Senior Health and Fitness Day – May 17th**
- **Golden Follies Entertainment Show – May 24th**

Contact the Division of Senior Services at (856) 384-6900 for more information about these upcoming activities.

Division of Senior Services Public Hearing

The Division of Senior Services will conduct their annual Public Hearing on the development of the Area Plan Contract on **May 4, 2016** at 9:30am at the Deptford Senior Center on Tanyard Road in Sewell. This contract provides funding for services designed to assist senior citizens.

This Public Hearing is an opportunity for the public to discuss the needs and issues of senior citizens and to provide input on the many programs provided by the Division of Senior Services. Written or oral comments will be accepted.

For additional information, please call the Division of Senior Services at (856) 686-8342.



Registration is required for the Annual Senior Health & Fitness Day on May 17th. Call (856) 384-6900.

Senior Health & Fitness Day

The Gloucester County Board of Chosen Freeholders will sponsor Senior Health and Fitness Day on **May 17, 2016** with a free breakfast at 9:00am at Auletto Caterers in Deptford followed by a Health Fair.

Screenings include: diabetes, cholesterol, blood pressure, foot, bone density, chiropractic care, eye, glaucoma, stroke, and balance. Hearing Tests and massage therapy will be provided. Information from community and county agencies will also be available.

Registration is required for this event: please contact the Division of Senior Services at (856) 384-6900.

Golden Follies Entertainment Show

The Gloucester County Board of Chosen Freeholders will host the Golden Follies Entertainment Show on **May 24, 2016** at 11:00am at Auletto Caterers in Deptford. A buffet lunch will be served at Noon followed by a Talent Show at 1:00pm. Entertainment for this show is provided by local seniors.

If you or someone you know would like to volunteer to entertain, please contact the Division of Senior Services at (856) 686-8327. Music for this affair will be provided by "Joy Ride." Tickets for this event are \$2 and will be available after March 10th at the Division of Senior Services and the six nutrition sites throughout the County.



Tickets will be available on March 7th at the Division of Senior Services and at the six nutrition sites. Call (856) 384-6900 for more information.

Senior Art Show Call for Entries

Gloucester County seniors age 60 and over are invited to participate in the Annual Juried Art Show in July on the campus of Rowan College at Gloucester County. Any visual artist may submit an entry which was completed within the past three years. There are two classifications for the entries - professional and non-professional. There is no fee to participate in the show. The categories for submission are: acrylics, craft, digital/computer art, drawing & prints, mixed media, oils, pastel, photography, sculpture, and watercolor. First-prize winners in each category will be invited to display their work at the Annual State Senior Art Show later this year. For eligibility information or to register, call 856-468-1742. The program is sponsored by the Senior Corps of Gloucester County and funded by the Gloucester County Division of Senior Services.

Spring Has Sprung – Get Outside!

Gloucester County Parks & Recreation Department is responsible for the organization and development of the recreational environment within the County. Visit one of the county's beautiful parks or participate in one of many activities offered such as:

Afternoon Nature Strolls This program is popular with the active senior crowd and everyone is invited. We choose a trail in the park (Scotland Run) and stroll, just to see what's going on. Once a month on Wednesdays at @ 2:30pm. Call 856-881-0845 for more information

Bird Walks Are held once a month all year long. Usually held the first Saturday of the month at 8am during the Fall and Spring Seasons. During the summer (May through August), walks will be in the evening (usually the second Tuesday) at 6pm. There are about 90 different species of birds that have been spotted in the various habitats. Call 856-881-0845 for more information.

Pitman Golf Course offers players of all abilities the opportunity to have a fun and challenging game of golf. This public facility has a regulation 18 hole golf course, a practice putting green, and a driving range. Call 856-589-6688 for more information.



Greenwich Lake Park

Tomlin Station Road
Greenwich Township, N.J.

Red Bank Battlefield Park

100 Hessian Avenue
National Park, N.J. 08063



James G. Atkinson Park

138 Bethel Mill Road
Sewell, NJ 08080

Scotland Run Park

980 East Academy Street
Clayton, N.J. 08322



Tax Preparation

Free assistance in the preparation of federal and state Income Tax Returns is available at the following locations for low to moderate income seniors. Please call to schedule an appointment

Deptford Public Library
670 Poplar Rd. (856) 848-9149

Deptford Senior Center
1341 Tanyard Rd. (856) 848-9149

Glassboro Senior Center
152 S Delsea Dr. (856) 881-8504



Mullica Hill GC Library
389 Wolfert Station Rd. (856) 223-6033

West Deptford Public Library
420 Crown Point Rd. (856) 845-5593

West Deptford - United Way Bldg.
454 Crown Point Rd. (856) 845-4303 x13

Williamstown - Monroe Twp Library
713 Marsha Ave. (856) 728-9841



www.gloucestercountynj.gov

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 (856) 384-6900

Gloucester County
Board of Chosen Freeholders

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The County of Gloucester complies with all state and federal rules and regulations and does not discriminate on the basis of age, race, creed, color, national origin, ancestry, marital status, affectional or sexual orientation, gender identity or expression, disability, nationality or sex in admission to, access to, or operations of its programs, services, activities or in its employment practices. In addition, Gloucester County encourages the participation of people with disabilities in its programs and activities and offers special services to all County residents 60 years of age and older. Inquiries regarding compliance may be directed to the EEO office at (856) 384-6903 or through the County's ADA Coordinator at (856) 384-6842/New Jersey Relay Service 711.

Property Tax Reimbursement

The Property Tax Reimbursement or "Senior Freeze" Program is designed to reimburse qualifying senior citizens and disabled persons for property tax increases. The deadline to apply for the property tax reimbursement is **June 1, 2016**. The Homestead Benefit and Property Tax Reimbursement Program are separate programs and separate applications must be filed every year for each program. Check the Division of Taxation's Web site at www.state.nj.us/treasury/taxation/ptr, call 1-800-323-4400 for more information, or contact the Division of Senior Services at (856) 384-6900.

Senior Exercise Programs

The Gloucester County Health Department offers Senior Fitness Programs. Call (856) 218-4106 for more information.

Additional Assistance for Seniors

Gloucester County Senior Corps provides assistance to Medicare beneficiaries who have questions about benefits and claims, supplement policies, and long-term care insurance. Call (856) 468-1742 for more information and to schedule an appointment.

MIPPA of Gloucester County (Medicare Improvements for Patients and Providers Act)

Assistance completing applications for the following programs, is available:

LIS (Low Income Subsidy) also called Extra Help, SLMB (Specified Low Income Medicare Beneficiary), PAAD (Pharmaceutical Assistance for the Aged and Disabled), Senior Gold Discount.

Check the chart below for eligibility.

Eligibility	LIS	SLMB QI	PAAD	Senior Gold
If single				
Income limit/yr.	\$ 17,655	\$ 15,890	\$ 26,575	\$ 36,575
Liq. Asset limit	\$ 13,640	\$ 7,280	NO CAP	NO CAP
If married				
Income limit/yr.	\$ 23,895	\$ 21,506	\$ 32,582	\$ 42,582
Liq. Asset limit	\$ 27,250	\$ 10,930	NO CAP	NO CAP
Help with Medicare	Part D	Part B Premium	Part D	Part D

For more information on these low-income programs
 Call: 856.468.1742



Dates to Remember

September 7 – Senior Picnic

October 19 – Volunteer Luncheon (by invitation)

October 26 – Caregiver Appreciation Luncheon (registration required)

December 6, December 7, December 13, & December 14 – Senior Citizen Christmas Parties

The Division of Senior Services is open Monday through Friday from 8:30 AM to 4:00 PM. Services are available to all residents of Gloucester County who are 60 years of age and older, regardless of race, color, or national origin in compliance with Title III of the Older Americans' Act.